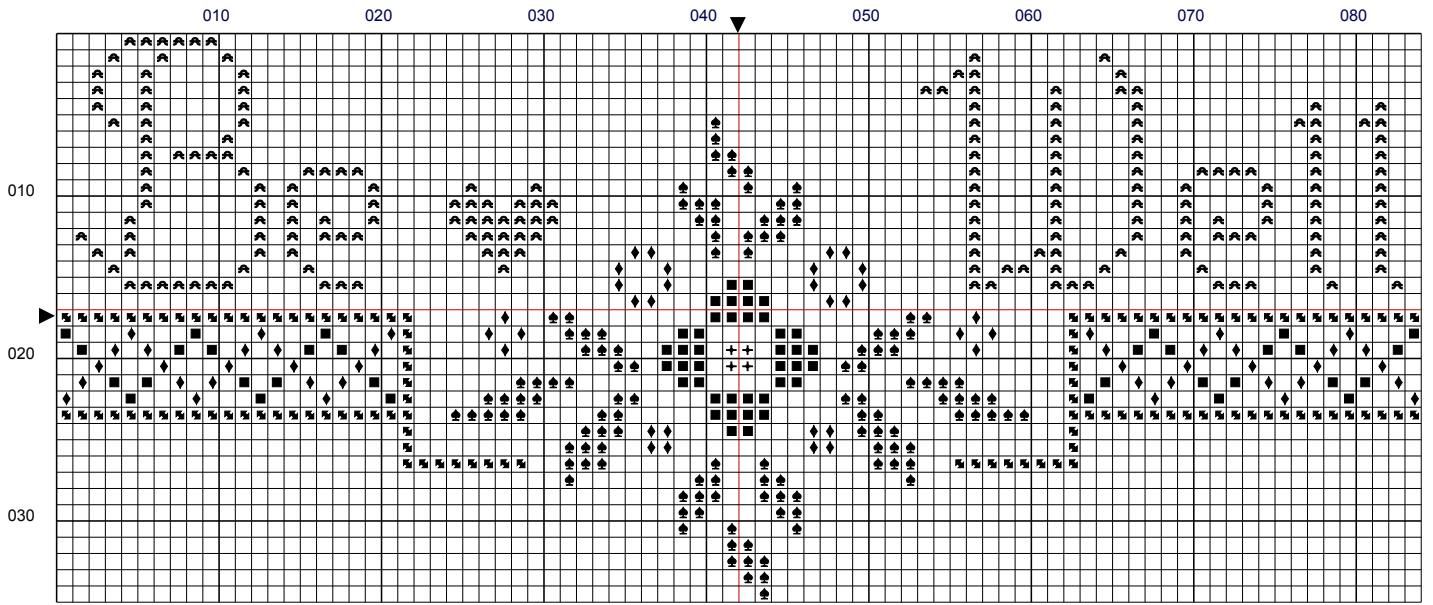


# Be Well



# Be Well

















## Be Well

	Number	Name:	Strands	Amount	Stitches
+	DMC 3862	Mocha Beige DK	2	0.1 skeins	4
⤴	DMC 3801	Christmas Red LT	2	0.1 skeins	193
■	DMC 743	Yellow medium	2	0.1 skeins	72
♠	DMC 470	Avocado Green light	2	0.1 skeins	126
◆	DMC 3341	Apricot	2	0.1 skeins	74
♣	DMC 3842	Wedgewood dark	2	0.1 skeins	118

<p>GAS = Gentle Arts Sampler Threads          GAK = Gentle Arts Simple Shaker</p>
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# Be Well

			
 + DMC 3862		 GAS 1170	
 ⚡ DMC 3801		 GAS 0350	
 ■ DMC 743		 GAK 7010	
 ♣ DMC 470		 GAK 7050	
 ◆ DMC 3341		 GAK 7009	
 ⚡ DMC 3842		 GAK 7004	